



APRIL 15TH, 2021



At SAFE-T Crisis Center, our mission is to create an environment where violence and abuse are not tolerated in the communities we serve. Abuse diminishes the full expression of life, which is every person's right. Our compassionate, professional Advocates, can be a vital first step in the healing process after a sexual assault. SAFE-T's Advocates respond 24/7 in Titus, Camp, Lamar, Franklin, Red River, Hopkins, Franklin, Morris, and Wood Counties. The role of the Sexual Assault Victim Advocate is to provide immediate crisis intervention, confidential emotional support, information, advocacy to victims and their loved ones.

The Advocate is part of a coordinated response team and facilitates medical and legal services while providing trauma-informed, victim-centered care. Our Advocates may explain legal and medical options, orient victims to sources they may have contact with as a result of the crime, and serve as a liaison between the victim and these sources. Advocates are available to ensure victims are treated with respect by other service providers and to address safety concerns, immediate basic needs, and help make a safety plan for the future for the survivor and their families. (Cont. Pg. 4)

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# **EAST TEXAS GIVING DAY**



**SAVE THE DATE!**

**APRIL 27th 6am - 11:59pm**

Please visit

**<https://www.easttexasgivingday.org/SAFE-T>**

on April 27th between 6:00am and 11:59pm to make your donation and help SAFE-T receive a matching donation of \$7500. All donations support survivor services!

**GIVE LOCAL!**

**MAKE HISTORY!**





# GATSBY GALA NIGHT

a one night only charity event for the benefit  
of SAFE-T Crisis Center

APRIL

23

6:30PM

Lucy's Hacienda Event Hall  
742 SE I-30 Access Road, Mt. Vernon Texas. 75457

ROARING 20'S OR FORMAL COCKTAIL ATTIRE  
FOUR COURSE GOURMET DINNER  
LIVE MUSIC, CASINO GAMES, OPEN BAR WITH SIGNATURE  
COCKTAILS.  
TICKETS ARE \$250.00



SAFE-T Crisis Center 2nd Annual Gala

April 23, 2021

## Corporate Sponsors

<i>American National Bank</i>	<i>Brookshire's</i>
<i>Stanley Landscaping</i>	<i>Wood County Electric</i>
<i>Newly Weds Foods</i>	<i>Grocery Supply Company</i>
<i>Ergon Asphalt</i>	<i>Cypress Bank</i>
<i>Vera Bank</i>	<i>Hamilton's Jewelry</i>
<i>Merrill Lynch</i>	<i>Wal Mart</i>
<i>Diamond C Trailers</i>	<i>Big Tex Trailers</i>

R.S.V.P.

ON OR BEFORE 4/1/21

To pay online go to:

<https://www.betterunite.com/SAFE-T>

## Sponsorships Available

### \$5,000 - PATRON

- Eight tickets to the event
- Presenter Recognition in event advertising, print material (logo), Facebook, website, and during the event
- Two Free Bottles of Champagne
- Private Butler Service for Table
- Free Valet Parking

### \$2,500 - CONTRIBUTOR

- Six tickets to event
- Contributor Recognition in event advertising and print material (logo), and on website
- Free bottle of champagne
- Free Valet Parking

### \$1,000 - PARTNER

- 2 tickets to event
- Partner Recognition in event advertising and print material (non-logo), website
- Free bottle of wine
- Free Valet Parking

Contact Christie Burnett

[cburnett@safe-tagency.com](mailto:cburnett@safe-tagency.com)

or call 903-572-0973



(Cont. from Pg. 1) Advocates are available to accompany and support victims during the medical forensic exam (with the victim's consent). Discussing the effects of trauma and providing adaptive coping strategies for the days ahead, along with coordinating follow-up services, are provided by the Advocate during the first meeting.

This is important for the survivor to know and understand as a method of coping and knowing what to expect. Educating family and friends on trauma and how to support the victim is a vital tool for loved ones wanting to help with the healing process as well.

Advocates strive to reach goals of immediate crisis intervention and to give validation and stabilization to the victim. This includes planning for safety and managing emotional reactions. We hope is to give empowerment to the victim, by facilitating an increased sense of control and enlistment of resources, and we form a connection with the victim, by establishing a personal link, facilitating contact with supports (including support services at SAFE-T), and decreasing feelings of isolation. (Cont. Pg. 6)



SET  
GOAL

MAKE  
PLAN

GET  
TO  
WORK

STICK  
TO IT

REACH  
GOAL





## ***April is Sexual Assault Awareness Month***

Whether at a bar, at a party, or even at a “friend’s” home – drug-facilitated sexual assault can happen to anyone at any time. For this reason, it’s important that the young people in your life understand the danger and are aware of the facts to protect themselves from becoming victims.

### What Drugs are Most Often Used for Drug-facilitated Sexual Assault?

Although there are many substances that can cause you to pass out or lose control, certain drugs are referred to as “sexual assault” (or “date-rape”) drugs because sexual predators often use them to get control over their victims. These drugs include gamma hydroxybutric acid (GHB), Rohypnol, ketamine, and Ecstasy. Drinking a beverage spiked with one or more of these drugs can take away a person’s ability to fight back and memory.

A person who sexually assaults another person uses these drugs because they’re easy to slip into a drink. They’re tasteless, odorless, and colorless. Also, these drugs act fast and leave your system quickly, so if the assault isn’t reported right away, it may be too late to test for the drugs. And the drugs aren’t part of a routine screening, so unless the doctor knows to test for these specific drugs, they won’t show up in the results. All of this makes it difficult to conduct a criminal investigation.

Because these drugs can affect a victims’ memory, they may not remember the details or even be able to identify the person who assaulted them. In some cases, victims don’t know what happened until much later.

### What Should Your Teen Look Out For?

Before a night out, give your teen the following tips to ensure they have a fun and safe time:

- **Don’t** drink from a can or bottle that you didn’t open yourself
- **Don’t** take a drink from a punch bowl
- **Don’t** drink from a container that’s being passed around
- If someone offers you a drink from the bar at a club or party, don’t take it. Instead, go to the bar to order your own drink, watch it being poured, and carry the drink yourself.
- **Don’t** leave your drink unattended while talking, dancing, using the restroom, or making a phone call
- If you realize that your drink has been left unattended, throw it out and get a new one
- **Don’t** drink anything that has an unusual taste or appearance, like a salty taste or unexplained residue
- **Don’t** mix drugs and alcohol. Even over-the-counter drugs like cold medicine can react with alcohol and other substances in negative ways.
- Watch out for your friends and ask them to watch out for you. Have a plan to periodically check up on each other.
- If your friend appears very intoxicated, gets sick after drinking a beverage, passes out and is difficult to wake up, seems to have trouble breathing, or behaves in unusual ways, do what you need to do to make sure your friend is safe. **Call 911 if necessary.**



Domestic Violence & Sexual Assault Volunteers needed at all SAFE-T locations:  
Mount Pleasant, Paris, Clarksville, & Sulphur Springs.

If you are interested in becoming an Advocate for Domestic Violence and Sexual Assault Survivors, a Face-to-Face Technology Training will be held May 13th, 2021 from 2:00 PM-4:00 PM.

If you are interested or have questions, please contact Program Director Mary Ferguson at 903-572-0973 or Email: [mferguson@safe-tagency.com](mailto:mferguson@safe-tagency.com) to register.





(Cont. from Pg. 4) SAFE-T Crisis Center is located in Mt. Pleasant, Texas at 204 Patrick Street. Outreach offices are located in Paris, Texas, Sulphur Springs, Texas, and Clarksville, Texas. SAFE-T Crisis Center is pleased to be able to offer safe shelter to those fleeing abuse at the SAFE-T Shelter and SAFE House. SAFE-T Crisis Center offers counseling and support groups, legal assistance, shelter, and housing assistance for survivors of domestic violence and sexual assault. If you or someone you care about is a victim, call and talk to one of our trained Advocates. We will be happy to assist you. Healing starts with SAFE-T.

903-572-0973 Office

903-575-9999 Hotline



## Shelter Donations Needed!

Please drop off  
all donations at our  
Main Office at 204  
Patrick St. Mount  
Pleasant, TX or the  
Thrift Store at 1014  
West 1st St in Mt.  
Pleasant, TX

- pillows, comforters & throws
- cleaning supplies
- underwear (men & women, all sizes)
- clothes detergent powder
- towels
- twin size sheets
- soap
- hand sanitizer
- socks (men, women, & children)
- baby wipes



Call 903-572-0973 for  
more information.





## SAFE-T Thrift Store

1014 W 1st St Mount Pleasant, TX 75455

Store: (903) 577-9035 9am - 6pm

### We gratefully accept the following donated items:

Gently used clothing

Gently used shoes

Gently used furniture

Household items

Appliances

Pet items

Books

Toys

Curtains and Drapes

Electronics

Lighting

Home hardware

On every Wednesday, we have a storewide  
20% discount for everyone over 55.

April 15th- 15% Off Storewide

April 16th- Spin the Wheel

April 17th- 10% Off Storewide

April 19th-Red Clothing is 75% Off

April 20th- 50% Off Home Improvement





# COMMUNITY SUPPORT GROUP

Where survivors of abuse or persons with an abusive partner can come together for support, understanding and fellowship.

## SAFE-T Crisis Center

*When: Every Thursday of Every Month*

*Time: 5:00pm to 6:00pm*

*Where: Zoom*

*Meeting ID: 865 4875 3453*

*Passcode: 653690*



903.572.0973

You can also click here to join from a web browser

<https://us02web.zoom.us/j/86548753453?pwd=VVExN3BPNjg1VTJBNDdBsSU9zdmFQUT09>

