

MAY 26TH, 2021



SAFE-T Newsletter



Memorial Day

Celebrated the last Monday of May, Memorial Day was established as a way of honoring and mourning the military personnel, who have died in the performance of their military duties, while serving in the United States Armed Forces. Family and friends commemorate this day with cookouts, camping, and community events nationwide. This year more people can get out and enjoy Memorial Day since many COVID-19 restrictions are not as harsh as quarantines and restrictions were a year ago. Memorial Day can be a joyful time spent, with those we enjoy getting to reconnect with over an extended weekend, a time to relax, or time to get some projects started. Regardless of how you elect to spend time this Memorial Day, remember to keep safety in mind for yourself and others.

Swimming and celebrations in and near water are popular ways to gather and host events. Water events can be an exciting vast amount of fun for any age and a great way to cool off during a hot humid Texas day. Have a buddy system so no one is ever alone and whereabouts are known at all times. Drownings and water-related accidents account for a large number of ill-fated happenings during outdoor holidays celebrated near water. Know the signs and risk of drownings and water accidents, who to call, and what to do, if you are going to be in or near the water.(Cont. Pg. 2)

WHAT IS INSIDE

MEMORIAL DAY-3

NOW ON YOUTUBE - 4

CRISIS RESPONSE
TEAM TRAINING - 5

DONATIONS NEEDED - 7



(Cont. from Pg. 1) Cooking outdoors and barbequing can be a Memorial Day event with delicious foods that everyone can appreciate. It is vital to be certain, that grills and propane tanks are functioning properly. Children should be supervised and must stay clear of hot items, fires used for cooking, and any chemicals or hazardous items, to prevent serious burns. Remember alcohol is often consumed during events and gatherings, and consumption limitations are often neglected. Domestic violence situations can escalate rapidly and accidents happen, when least expected and circumstances are beyond control. Caution and extra care should always be given if large crowds, small children, fireworks, or alcohol are included in the celebration.(Cont. Pg. 7)



Memorial Day commemorates the men and women who died while in the military service of their country—particularly those who died in battle or as a result of wounds sustained in battle. In other words, the purpose of Memorial Day is to memorialize the veterans who made the ultimate sacrifice for their country. We spend time remembering those who lost their lives and could not come home, reflecting on their service and why we have the luxury and freedom that we enjoy today. We might consider how we can support and safeguard their grieving families and loved ones who are left behind.

Memorial Day Traditions:

Cities and towns across the United States host Memorial Day parades each year, often incorporating military personnel and members of veterans' organizations. Some of the largest parades take place in Chicago, New York and Washington, D.C.

Americans also observe Memorial Day by visiting cemeteries and memorials. Some people wear a red poppy in remembrance of those fallen in war—a tradition that began with a World War I poem. On a less somber note, many people take weekend trips or throw parties and barbecues on the holiday, perhaps because Memorial Day weekend—the long weekend comprising the Saturday and Sunday before Memorial Day and Memorial Day itself—unofficially marks the beginning of summer.



Now Uploaded to YouTube



Click [here](#)
to watch the recording of this
week's webinar now.

In this webinar we discuss **risks for Abuse and Exploitation pre-teen/tween youth (9-11 year olds) regularly encounter online**. We cover topics like cyberbullying, why internet safety matters, the risks that pre-teens are encountering online, valuable strategies and resources for helping them stay safe online, and guidance on how to report suspected online enticement or sexual exploitation of a child. Below are some of the risks we will be talking about.

- **Content** risks include coming across material that some pre-teens might find upsetting, disgusting or otherwise uncomfortable, especially if they see it accidentally. For example, violence, hate speech, illegal behavior, pornography, etc.
- **Contact** risks include tweens coming into contact with people they don't know or with adult online predators posing as children online. For example, a child might be invited or persuaded to meet someone they don't know, share personal information with strangers, or provide contact details after clicking on a pop-up message.
- **Conduct** risks for pre-teens include behaving in inappropriate or hurtful ways, or being the victim of this kind of behaviour.

One of the most important ways to protect children is by having a trusting relationship with them. It is important to let them know that they can always talk to you. When they do talk to you, remember to remain calm and listen attentively to them. Be sure to reassure them that what happened is not their fault. The goal is to have regular ongoing and open conversations with our children so they will come to us when something happens. If you are looking for ways to be proactive about online safety with your children, please visit the [National Center for Missing & Exploited Children](#) and [NetSmartz](#).





Crisis Response Team Training (Domestic Violence & Sexual Assault Volunteers) needed at all SAFE-T locations: Mount Pleasant, Paris, Clarksville, & Sulphur Springs.

If you are interested in becoming an Advocate for Domestic Violence and Sexual Assault Survivors, a Face-to-Face Technology Training will be held June 23rd, 2021 from 2:00 PM-4:00 PM.

If you are interested or have questions, please contact Program Director Mary Ferguson at 903-572-0973 or Email: mferguson@safe-tagency.com to register.

This educational resource has been designed to help domestic violence survivors achieve financial independence and rebuild their lives. The curriculum covers a variety of important financial topics including budgeting, managing debt and improving credit and has been proven to help survivors move from short-term safety to long-term security. The curriculum is available online [here](#) and can be download in English, Spanish, French, and Vietnamese.



(Cont. from Pg. 2) Extra safeguards should be taken on roadways during holidays, such as, do not text or drink while driving, reach for anything out of your arms reach while driving, or attempt to do any task that distracts you or takes attention away from the road. More accidents happen on the roadways during Memorial Day weekend than July 4th weekend. Remember, even if you are driving safely, other drivers on the road may not be as attentive. Be sure your vehicle is maintained well before traveling to help prevent roadside breakdowns, designate a driver when drinking, pull over in a safe location off the road, if something is wrong with your vehicle, or you become too tired to drive. You are responsible for your safety and the safety of others when you are behind the wheel of a vehicle. Following proper safety procedures and being aware of your surroundings at all times, will help ensure you and those celebrating with you, have a nice, enjoyable Memorial Day weekend.



Shelter Donations Needed!

Please drop off
all donations at our
Main Office at 204
Patrick St. Mount
Pleasant, TX or the
Thrift Store at 1014
West 1st St in Mt.
Pleasant, TX



- pillows, comforters & throws
- cleaning supplies
- underwear (men & women, all sizes)
- clothes detergent powder
- towels
- twin size sheets
- soap
- hand sanitizer
- socks (men, women, & children)
- baby wipes

Call 903-572-0973 for
more information.





SAFE-T Thrift Store

1014 W 1st St Mount Pleasant, TX 75455

Store: (903) 577-9035 9am - 6pm

We gratefully accept the following donated items:

- Gently used clothing
- Gently used shoes
- Gently used furniture
- Household items
- Appliances
- Pet items

- Books
- Toys
- Curtains and Drapes
- Electronics
- Lighting
- Home hardware

On every Wednesday, we have a storewide 20% discount for everyone over 55.

May 27th- 10% off storewide

May 28th- Spin The Wheel

May 29th- 50% off furniture

May 31st- 15% off storewide



YOU ARE NOT ALONE

Now more than ever, we need to find ways to stay connected with our community. No one should feel alone or without the information, support and help they need.

If you have questions or would like to talk about abuse in your life, call our office at 903-572-0973 where you can speak to an advocate immediately for answers and understanding.

If you need to speak to someone after hours, the SAFE-T Hotline is answered 24 hours a day - call or text (903)575-9999.



TEXAS MEN S.P.E.A.K

SUPPORTING PREVENTION EDUCATION ADVOCACY & KNOWLEDGE

Men, please join the next monthly Texas Association Against Sexual Assault (TAASA) #Texas #Men SPEAK virtual gathering 5.27.21 at 10:00 am CST.

Join in for a discussion on the impact of #toxicmasculinity on #mental and #physical #health.

RSVP to Emiliano Diaz de Leon at txmenspeak@taasa.org for Zoom meeting information.

* This initiative is intended for male-identified individuals in Texas.

#SEXUALVIOLENCE
#PREVENTION
#TXMENSPEAK
#MENTALHEALTH
#MENTALHEALTHAWARENESS
#PHYSICALHEALTH

IMPACT OF TOXIC MASCULINITY ON MENTAL AND PHYSICAL HEALTH

THURSDAY

5.27.21 | 10-11 AM CST

Virtual Gathering on Zoom

How does toxic masculinity affect our mental and physical health?



RSVP to Emiliano Diaz de Leon at txmenspeak@taasa.org for Zoom meeting information.

