

MARCH 3RD, 2021



SAFE-T Newsletter



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We are Advocates

Advocates are powerful people. We do many things and fill many roles for survivors. We are the comforting presence in times of crisis, guardians for people's rights, guides through the healing process after the violence, and representatives of change in our communities. Advocates do all this while crossing the difficult, layered relationships of rural communities. Many qualities, attributes, and skills make an advocate. An advocate knows how to be in more than one place at a time, carries tissues and gum, gives a comforting word, knows when to make a joke, and when to be silent, and always acts with respect, empathy, and dignity.

Advocates sometimes doubt themselves and get lost in the ever-shifting work of responding to violence. This is especially true for those of us who work in dual/multi-service agencies, where we provide domestic violence and sexual violence services. We are dual advocates, responsible for serving both domestic violence and sexual violence survivors. We find balance, we provide the best services possible, we help survivors heal from trauma and violence. Advocates understand sexual violence, including the intersections and differences between domestic violence and other types of violence. Advocates know the effects of trauma on survivors, related responses, and work towards ending all forms of cruelty. Advocates show respect, caring, and encourage survivors' self-determination and independence. Advocates work together with survivors, assess the situation, and respond appropriately. We create safe paths for conversation. We also seek training on general advocacy skills like active listening, empathy, building relationships, empowerment, and connection. As Advocates, we learn about our agency's policies and procedures regarding services for survivors. We also obtain knowledge on supporting survivors of different types of violence, the emotional aftermath of trauma, emergency medical and legal advocacy, long-term medical and legal advocacy, and the services available in our communities. With knowledge of these topics, we can assist a wide range of survivors. We can use this base to discuss violence with community partners who provide services to survivors, such as health care, law enforcement, and educators. (continued on page 4.)



SAVE THE DATE!

**SAFE-T Webinar
Live on Zoom**

March 9, 2021 | Tues | 1pm - 2pm

Free to attend - No registration required

Meeting ID: 864 2793 3746

Passcode: 557139



**Shared Parenting After
Leaving An
Abusive Relationship**

Shared parenting after leaving an abusive relationship often means the abuse, manipulation, and control continue and the nightmare doesn't end. In this webinar, we will be discussing parenting strategies and tools that survivors of Domestic Violence have found to help overcome the often extreme difficulties of shared parenting with an abusive ex.

Call or email Amy Dykes at 903-572-0973 adykes@safe-tagency.com for more information.

#youdeserveahealthyrelationship #endthecycleofabuse #sharedparenting #coparenting
#parallelparenting

(Continued from page 2)

Survivors are whole people. Trauma does not just affect one part of a survivor's life. It deeply affects all areas of their lives including health, spirituality, mind, emotions, sexuality, and relationships. These are areas of hurt and areas where we can focus our healing. Strong advocates serve the whole survivor. We may focus our efforts on medical and legal needs, but we must attend to other concerns of the survivor.

We are prepared to discuss basic elements of common survivor reactions and their general needs, their support systems, and the community. Thinking about how the violence affects different areas of the survivor's life can help us offer a variety of supportive services to the survivor.

There are many common reactions to violence. There is no wrong or right way to feel or react. As the body and mind process, the devastation of violence, many different emotions, behaviors, and physical responses appear and disappear, and may reappear. The aftermath of traumatic experiences shows differently in each survivor because each person is unique and each situation happens in unique circumstances. Advocates are here to help.

Shelter Donations Needed!

Please drop off all donations at our Main Office at 204 Patrick St. Mount Pleasant, TX or the Thrift Store at 1014 West 1st St in Mt. Pleasant, TX



- pillows, comforters & throws
- cleaning supplies
- underwear (men & women, all sizes)
- clothes detergent powder
- towels
- twin size sheets
- soap
- hand sanitizer
- socks (men, women, & children)
- baby wipes

Call 903-572-0973 for more information.





Domestic Violence & Sexual Assault Volunteers needed at all SAFE-T locations: Mount Pleasant, Paris, & Sulphur Springs.

If you are interested in becoming an Advocate for Domestic Violence and Sexual Assault Survivors, a Face-to-Face Technology Training will be held March 17th, 2021 from 2:00 PM-4:00 PM.

If you are interested or have questions, please contact Program Director Mary Ferguson at 903-572-0973 or Email: mferguson@safe-tagency.com to register.





1014 W 1st St Mount Pleasant, TX 75455

Store: (903) 577-9035 9am - 6pm

We gratefully accept the following donated items:

Gently used clothing

Gently used shoes

Gently used furniture

Household items

Appliances

Pet items

Books

Toys

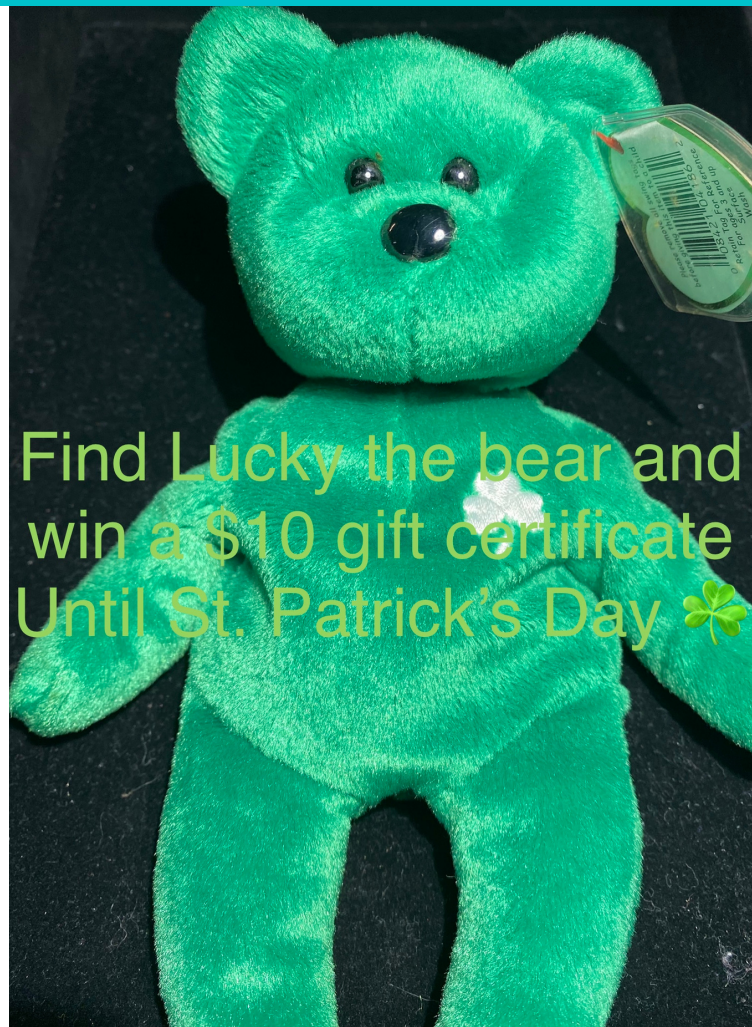
Curtains and Drapes

Electronics

Lighting

Home hardware

On every Wednesday, we
have a storewide
20% discount for everyone
over 55.



Find Lucky the bear and
win a \$10 gift certificate
Until St. Patrick's Day 🍀



What is 1 thing you can do to support survivors? Join us in supporting survivors and complete the virtual postcard by clicking on the link below. Also, share this link far and wide to agency supporters, partners, friends, and family to complete as well.

<https://tcfv.org/purple-postcard/>



COMMUNITY SUPPORT GROUP

Where survivors of abuse or persons with an abusive partner can come together for support, understanding and fellowship.

SAFE-T Crisis Center

When: Every Thursday of Every Month

Time: 5:00pm to 6:00pm

Where: Zoom

Meeting ID: 865 4875 3453

Passcode: 653690



903.572.0973

You can also click here to join from a web browser

<https://us02web.zoom.us/j/86548753453?pwd=VVExN3BPNjg1VTJBNDdBsSU9zdmFQUT09>



GATSBY GALA NIGHT

a one night only charity event for the benefit
of SAFE-T Crisis Center

APRIL

23

6:30PM

Lucy's Hacienda Event Hall
742 SE I-30 Access Road, Mt. Vernon Texas, 75457

ROARING 20'S OR FORMAL COCKTAIL ATTIRE
FOUR COURSE GOURMET DINNER
LIVE MUSIC, CASINO GAMES, OPEN BAR WITH SIGNATURE
COCKTAILS
TICKETS ARE \$250 00

SAFE-T Crisis Center 2nd Annual Gala

April 23, 2021

Corporate Sponsors

American National Bank

Stanley Landscaping

Newly Weds Foods

Egon Asphalt

Vera Bank

Merrill Lynch

Diamond C Trailers

Big Tex Trailers

Wal-Mart

R.S.V.P.

ON OR BEFORE 4/1/21

To pay online go to

<https://www.betterunite.com/SAFE-T>

Sponsorships Available

\$10,000 - PRESENTER

- 10 tickets to the event
- 7 Overnight Luxury Rooms (Full Breakfast the following morning)
- Presenter Recognition in event advertising, print material (logo), Facebook, website, and during the event
- Two Free Bottles of Champagne
- Private Butler Service for Table
- Free Valet Parking

\$5,000 - PATRON

- Eight tickets to the event
- Presenter Recognition in event advertising, print material (logo), Facebook, website, and during the event
- Two Free Bottles of Champagne
- Private Butler Service for Table
- Free Valet Parking

\$2,500 - CONTRIBUTOR

- Six tickets to event
- Contributor Recognition in event advertising and print material (logo), and on website
- Free bottle of champagne
- Free Valet Parking

\$1,000 - PARTNER

- 2 tickets to event
- Partner Recognition in event advertising and print material (non-logo), website
- Free bottle of wine
- Free Valet Parking

Contact Christie Burnett

cburnett@safe-tagency.com

or call 903-572-0973



SAFE-T CRISIS CENTER RAFFLE

Basket includes:

- 2 Great Gatsby Gala tickets includes a 3 Course Gourmet Meal
- One Night in Luxury Suite with turndown service and private butler
- 2 bottles of Wine with wine glasses
- Starbucks Coffee with his and her coffee mugs
- \$25.00 HeBrews Coffee Gift Card
- Gourmet Chocolates

TICKETS \$25.00 EACH



TO PURCHASE TICKETS:

<https://betterunite.com/SAFE-T-safe-traffle>

Basket picture on the next
page.



Suitcases for SAFE-T

**We are collecting new and
gently used luggage/duffle bags of any size
January 25th through March 5th**

**Your donations will be given to persons and families
fleeing violence because victims of abuse should not
have to carry their belongings in a trash bag.**



The #suitcasesforsafet luggage drive has been extended until March 5th! We want to thank the middle school Future Business Leaders of America for their community service and for creating this drive. They are accepting any new and gently used suitcases and duffel bags of any size. The Mount Pleasant drop off locations are: Wallace Middle School, Mt. Pleasant Junior High, MP Pack-N-mail, Thurman's Pro-Med Pharmacy, and Divine Divas Hair Salon. If you are in Paris and would like to donate, Women United of Lamar County is also a drop off location.

If you have questions or would like to be a drop off location, please contact Dana Armstrong DArmstrong@MPISD.Net or Macy Russell, MRussell@MPISD.net
903-575-2040

Thank you to everyone helping make this a success!