



SAFE-T
NEWSLETTER
January 14, 2021



WELCOME

Founded in 1995 by Carol Gresham, SAFE-T serves victims of family violence, sexual assault, child abuse, dating violence, and stalking in the communities of Titus, Camp, Delta, Franklin, Hopkins, Lamar, Morris, Red River, and Wood counties.

We are committed to providing shelter, educational prevention services and crisis intervention services to victims of family violence, sexual assault, and child abuse.

STANDING WITH YOUR CHILD

Tears streamed down my cheeks as the divorce papers shuffled in my trembling hands. This was a moment I would not soon forget,

FINISH READING ON PG. 2



SAFE-T SHELTER

provides shelter to men, women and children when they are fleeing their abuser

FINISH READING ON PG. 4



VOLUNTEERS NEEDED!

FINISH READING ON PG 3.





STALKING AWARENESS WEBINAR: KNOW IT. NAME IT. STOP IT.

STALKING



On Zoom January 19, 2021 @ 1PM
Meeting ID 833 7825 2356 | Passcode 308112

(Standing With..) a turning point in my life, and a new beginning. After many years of emotional, mental, and physical abuse, my marriage was over. I was now able to start again, pick up the pieces, and move forward. I remember many nights sitting alone, reading positive quotes, writing in my journal, or talking with my young son about setting goals and making good choices. I decided to lead by example. By enrolling in college and challenging myself to achieve a Bachelor's Degree. I quickly learned working full-time, being a single mother, and a full-time college student was indeed a challenge. Late nights, homework, ballgames, and juggling schedules were a continuing battle. I was about four months from graduation when I was diagnosed with stage four cancer. That is when the real challenge began, because, I was not going to come this far to be defeated. I fought, I prayed, I stayed focused, and kept my positive attitude because my child needed me. I won the battle, and I became a survivor.

Common stalking behaviors include:

- unwanted contact
- spreading rumors
- following/spying
- showing up places
- waiting for the victim
- leaving gifts

SPARC

About 1 in 3 stalkers are physically violent.

NATIONAL STALKING AWARENESS MONTH

KNOW IT. NAME IT. STOP IT.

I raise up my voice – not so that I can shout but so that those without a voice can be heard.
~Malala



COME VOLUNTEER FOR SAFE-T!

**Domestic Violence & Sexual Assault
Volunteers needed at all SAFE-T
locations: Mount Pleasant, Paris, &
Sulphur Springs. **If you are interested
in becoming an Advocate for Domestic
Violence and Sexual Assault Survivors,
a Face-to-Face Technology Training
will be held January 14th, 2021 from
2:00 PM-4:00 PM.**

**Please call 903-572-0973 or
Email: mferguson@safe-agency.com to
register.**

(Standing With Conti. From Pg. 2) I stood proudly with my son, by my side, as I graduated and received my degree, Magna Cum Laude. Tears streamed down my cheeks, as I held my degree in one hand, and my son's hand proudly in the other. Little did I know the impact my strength and determination would have on my son. He approached me at the beginning of his senior year in High School, and told me, he wanted to start college full-time. He only needed one credit to graduate from High School, and he could earn the credit through a dual credit class. Two and a half years later, I stood again by my son's side, with tears streaming down my cheeks. He handed me his Bachelor's Degree and said, "I could not have done this without you! You never gave up and I never will either!"

(Standing With Con. From Pg. 3) Children learn by what they see every day. Children can learn trust, gratitude, respect, and dignity, by watching how parents treat each other, in a loving home, as quickly as they can become victims of emotional and mental abuse in an unstable environment. It is important that children understand and know when situations, such as these occur, it is never their fault. Children need reassurance and encouragement to rebuild and re-establish, just as adults do, in these situations. It is important that parents work together for the well-being of the children involved, when possible. If this is not possible, a neutral person can sometimes help to avoid conflict with the children. Remember, children love both parents, and it is hard for them to see either parent hurt or upset. Share your children's joy, even when it involves the other parent because this is for your child. Your child will be thankful for your unconditional love, strength, and determination.

Mount Pleasant Safe-T Thrift Store
Monday-Saturday 9am-6pm
Wednesday is 20% OFF
We will have the love bear hidden in the store starting 1/14/21 until 2/14/21. Anyone who finds him will win \$10 gift certificate.



Safe-T Shelter Conti....

SAFE-T provides shelter to men, women and children when they are fleeing their abuser. The current shelter capacity is 16 bodies, this is including children. SAFE-T is asking for community assistance in the form of donations so we can expand our shelter to provide services and a safe place for families in need. Without the community, we wouldn't be able to do what we do! Thank you for continuing to support us and the community.

At the moment the shelter is in need of cleaning supplies, women and men underwear (all sizes), washing powder, towels, twin size sheets, soap, hand sanitizer, socks, and baby wipes.

Please drop off all donations at our Main Office at 204 Patrick St. Mount Pleasant, TX or the Thrift Store at 1014 West 1st St in Mt. Pleasant, TX

